

NORTH WOOTTON PARISH COUNCIL

NEWSLETTER - JUNE 2016

www.north-woottonpc.norfolkparishes.gov.uk

PICNIC ON THE PARK

The organising committee of this event would like to thank everyone for a great turn out and support. Enough money has been raised from the 2015 and 2016 events to purchase a defibrillator to be situated on the Park. Thanks also to the Wootton Park Football Team for their help.

WOOTTON PARK

— We are appealing to all the people that live in North & South Wootton to become more involved in the running of the Park, one way is to run a Green Gym. Instead of going to the gym for 2 hours come to the Park and do a little bit of light work! This will vary from session to session and will cover general pruning, bulb planting, path edging and sweeping up. The first session was held on 9th June and was a great success, please consider helping us for a couple of hours once a fortnight.

Research shows that:

- 100% of participants surveyed during the current National Evaluation agree that taking part in the Green Gym has benefited their mental health, boosting self-esteem and confidence through learning new skills and completing new tasks.
- Green Gym provides moderate physical activity: People who are regularly active at this level are 50% less likely to suffer from a heart attack or stroke than inactive people.
- Working out in green spaces is a great way to relieve stress and can help to combat depression.
- Taking part in the Green Gym improves muscle strength, which is particularly important for older people, helping to maintain independence in later life.
- Participants report feeling fitter and having more energy than before.
- Almost a third more calories can be burnt in an hour of some Green Gym activities than in doing a step aerobics class.

So please give it a go, contact the Parish Clerk and leave your phone number and contact details.

Alternatively, go on the Park's Facebook page at www.facebook.com/woottonparkassociation and look out for the session dates.

— There has recently been a lot of work done to the park to clear and tidy areas of the dyke. Can we please ask that you help us to keep these clear and flowing, by not dumping garden waste into these areas.

— We have had reports that children have been caught on the park interfering with nest boxes and trying to open one of them to get out the fledglings. It is against the law to disturb nesting birds and they should not be disturbed at this time of year as it runs the risk of the parent birds not returning to the boxes and the fledglings dying.

— £326 was raised at the first Quiz night to raise funds for Wootton Park. It was a great success with 15 tables of teams – look out for more events coming soon!

RESIDENTIAL AREAS

The Parish Council is often contacted by residents complaining about neighbours parking on grass verges, in extremely wet weather the ground can be damaged. Also visibility can become an issue with vehicles obstructing sight lines of other road users.

Speeding through the village has been noted, there is a speed limit in place of 30 MPH at Priory Lane, St. Augustines Way, All Saints Drive and on Nursery Lane.

As we are now in peak growing season for the garden, could you please ensure that hedges and trees do not overhang roads or pavements and cause an obstruction to people using them.

THEFTS

As the summer months are ahead of us, please remember to keep sheds etc locked at night to keep lawnmowers, tools and bicycles secure. Also remember to lock your car doors, there have been thefts reported from unlocked cars.

REFLECTIVE CLOTHING

Please remember it is important to wear reflective clothing if out jogging, walking or cycling as the light fades in the evening to be visible, especially to road users.

NORTH WOOTTON VILLAGE HALL

The village hall is a great place to hold parties, clubs and meetings. There are kitchen facilities and toilets. If you are interested in making a booking, prices range from £15 - £25 per hour depending upon daytime/evening or weekday/weekend use. Residents of North Wootton receive a discount, for more information please contact Ros Ridley tel: 674715. Some members of the organising committee are looking to step down, if you feel you could spare some time to help or to find out more then please contact the Clerk.

PHONE BOX

We would like your feedback regarding the phone box on The Green. Do you use it? The Parish Council has an opportunity to adopt it and turn it into something for the community, a book exchange perhaps? Please let the Parish Clerk or any Councillor know your ideas and thoughts, there is also an area on the website where you can leave comments – thank you.

LOCAL BUSINESSES

We have several independent businesses in the Parish and would urge you to support them where you can, Flowers on the Green, House on the Green, Meadow Stores and the Red Cat Hotel. If they are not supported by the village we may lose them.

HOUSE ON THE GREEN

This local pub offers lots of social events;

Over 60's lunches – 2 courses £7.50 – served daily 12pm – 3pm (excluding Sunday)

Quiz Night – every Thursday 7.30pm. Teams of 4-6, entry £1 per person - cash prize!

GAYWOOD LIBRARY

For further information or to book your place, tel: 768498. The library is also on facebook www.facebook.com/gaywoodlibrary

The Big Friendly Read is coming! www.bigfriendlyread.org.uk

Libraries everywhere will be celebrating 100 years of the world's favourite storyteller – Roald Dahl. The Big Friendly Read Summer Reading Challenge is your children's chance to join in the celebrations! Children who sign up to the challenge get a free collector folder to keep special Big Friendly Read cards in – they can collect all six cards as they read any library books of their choice, and receive a medal when they complete the challenge! The Launch will be Sunday 17th July - 10am

Summer Holiday Rhymetimes

Come along for some stories and rhymes

Fridays 29th July, 5th August – 10.30am – 11.00am

For pre-school children and their parent/carers, children must be accompanied by an adult

Creative Writing Sessions at Gaywood Library

Wednesdays 29th June, 6th, 13th, 20th and 27th July - 10am - 12 noon

£25 payable on booking – BOOKING ESSENTIAL

Tracing your military ancestor

Tuesday 26th July - 2pm – 4pm, booking essential, £5 payable on booking

Kings Lynn and District Camera Club

Thursday 28th July - 1pm – 2pm, lots ideas, examples and tips to improve your own photography.

This event is part of the Friendship Group session so £1 payable on arrival, includes refreshments.

STREET LIGHTS

To report a faulty street light, please notify the Clerk as the Parish is responsible for their maintenance not Norfolk County Council. If you can provide the exact location, ie the house number which the street light is nearest this is very helpful. The Clerk's contact details are at the end of this newsletter.

COUNCILLOR VACANCY

There is currently a vacancy on the Parish council. If you are interested in becoming a Parish Councillor, please contact the Chair or the Clerk for an informal chat.

PARISH COUNCIL

The Parish Council usually meets the first Tuesday of each month at 7.15 pm in North Wootton Community School, (no meeting is held in August). The public are welcome to attend these meetings which last about two hours and notices are posted around the village a week or ten days beforehand. There is an item called the Open Forum during which parishioners have 15 minutes to raise matters of concern to them which are in the province of the Parish Council. We like to see parishioners attend these meetings where you can find out what is happening in your village.

Listed below are all Councillors names and addresses should you wish to contact them;

Mrs. Dorothy Pulsford-Harris (Chairman)	Fen Edge, 6 Carlton Drive	631349
Mr. Will Border (Finance Officer)	71 Hayfield Road	673643
Mr. John Marshall-Grint (Vice-Chairman & Vice-Finance Officer)	Harvest House, Station Road	631163
Mr. Derek Cox	2 Cranmer Avenue	671195
Mrs. Sarah Crome	12 Hugh Close	675392
Mr. Simon Duval	5 Cuthbert Close	675506
Mr. Malcolm Edwards	15 Cuthbert Close	672616
Mr. Simon Kilham (Trinity Hospital Rep)	York House, The Green	631297
Mr. Hameed Malik (Police Liaison)	Salamis, Priory Lane	674550
Mr. John Merrey	3 Cranmer Avenue	674374
Mrs. Bridget Nurse	Church Farm Barns, Nursery Lane	670203

The Clerk:

Mrs Rachel Curtis
2 Ullswater Ave, South Wootton
northwoottonpc@outlook.com 673043

The Planning Committee consists of Councillors Crome, Cox and Merrey

Wootton Park Members: Councillors Border (Chairman), Marshall-Grint and Nurse

Village Hall Representative: Councillor Kilham